Dear Parents and Friends,

Cybersmart Workshop for Parents
It was a pity that only a small group of parents came to the Cybersmart presentation delivered by Kerry Jarvis from ACMA (Australian Communications and Media Authority). Those that did come, I am sure, benefited from the information provided helping them to understand and manage the risks that can occur when children are involved with online activity.

Over the next couple of weeks I will try and summarise some of the information provided.

One of the biggest realisations parents need to grasp is that this current group of primary aged children are the first generation of people that will never know a world without the internet. For most now it is a constant presence. Currently the biggest risks are as follows:

- **Cyberbullying** – this is the use of social media websites to threaten or belittle someone else. Undetected or uncontained this can lead to tragic consequences.
- **Loss of Reputation** – This occurs when inappropriate images or personal information is broadcast across the internet in a way that allows it to be viewed and judged by a large number of people. In the years ahead, job applications may be rejected when potential employers using a simple search find that an applicant’s digital image is poor.
- **Scams/Identity Theft** – Criminals using bogus websites and online communications are preying upon children and people of all ages in order to make money illegally.
- **Excessive use** – Children who are not subject to any adult control are very prone to the use of technology whether this be online or offline. Lassened sleep and lessened physical activity are health risks. Children involved with excessive use of technology can also develop heightened aggression.

An important understanding that parents need to have about social media use is in relation to **privacy** settings. For most social media sites the default position is open, meaning that the content posted on a site set up by an individual who hasn’t adjusted the settings can be viewed by anyone. Children engaging in this activity need to be made aware of this concept.

Much of what is posted on the internet is difficult to remove. Some important questions that any child may want to ask themselves before they post on the internet are;

Would I show this to my parents? Would I show this to my grandparents? Would I show this to the whole school? If the answer to any of these questions is "no", then its suitability for the cyberworld is very questionable.


HOT!HOT!HOT Performing Arts Night
With 5 weeks to go, tickets to our performing arts night at the Albany Entertainment Centre are selling quickly. With over 160 children involved there will be a demand for seats, don’t leave this to the last moment and be disappointed.

PATHS – Positive Self Esteem
Another of the dimensions of PATHS relates to positive self esteem. Feeling valued by and connected to people around us is a crucial part of having a healthy psychological state. The PATHS curriculum fosters this understanding in a number of ways. Learning about compliments, how to give and receive these, doing this regularly for those around you is part of the program. In the early years PATHS Kid of the Day/Week is one of the strategies used to encourage and develop the skills of giving compliments. One of the ways you as a parent can support this program is by modelling this important behaviour at home. Ask yourself – when was the last time I complimented my child? This should be done regularly.

In this same area PATHS also covers defining what is a friend and management of peer conflict – key skills when it comes to maintaining a healthy self esteem.

Alan Dowsett – Principal

Commemorative Paving Bricks
A reminder that we are currently taking orders for the purchase of a commemorative paving brick, order forms were sent out with a previous newsletter, but can also be obtained at our school’s front office. The cost per brick is $30. Any money raised from this sale will go to the school’s P&C.
Spencer Park Primary School
Code of Behaviour

- Respect other people, their rights and their property.
- Be courteous.
- Let others learn.
- Treat others as you would like to be treated.

Forthcoming Events
HOT!HOT!HOT! Tickets on sale at AEC.
Bookweek 19 – 23 Aug
Book week Dress up Assembly Fri 23 Aug
School Disco Thurs 29 Aug
P&C Meeting Mon 2 Sep
Open Night Wed 4 Sept
Deadline for Return of Annual Parent Survey Fri 13 Sept
Deadline for Commemorative Paving Brick Order Fri 27 Sept

School Disco
Our next school disco is next Thursday 29 August. Times are as usual:
Kindy to Year 3 5.00pm to 6.30pm
Year 4 to 7 7.00pm to 8.30pm
Entry Fee is $3.50 per child.

Please note that to access this activity children need to maintain their good standing and should not have been placed in time out this term.

Also be reminded that a responsible adult must deliver and collect all students from the hall. Children will not be released from the hall until this occurs.

Parent Volunteers are required to assist with the running of this activity – if you can help out please leave your name with our front office or contact P&C President Carrie Beeck on 0427646869

P&C Fundraiser - Bunnings Sausage Sizzle – Help Needed
The P&C is running a Sausage Sizzle fundraiser at Bunnings on Sat 24 August. This is the weekend before Fathers Day and will be a lucrative activity. If you can help out please contact President Carrie Beeck on 0427646869 or Secretary Linda Taylor on 0411459190. We need to be set up and ready to start by 8.30am and runs through to about 4.15pm – any amount of time given will be helpful.

FATHERS DAY STALL Is on Friday 30th of August.
At lunch time in the undercover area.
Cards, bookmarks, big feet 50c
Friendship bracelets, Necklaces $1
Funky moneyboxes 50c-$4
Chocolates and cakes $1-$4
Key Holders,3D Photo frames, 3D art $2-$4
Aluminium Can planes $4
and so much more...
If you can help out on the day please contact Trish on 98428625

HONOUR CERTIFICATES
We congratulate the following students who received certificates at the last assembly.
Kasey Rm 19  Tegan Rm 19
Kalia Rm 17  Dakotah Rm 17
Damien Rm 3  William Rm 1
Callum Rm 18  Lhea Rm 3
Silas Rm 5  Liam Rm 5
Emily Rm 18  Alyssa Rm 2
William Rm 2  Taylor Rm 2
BJ Rm 5  Darce Rm 11
Kirly Rm 8  Callum Rm 8
Cooper Rm 9  Mitch Rm 9
Bryce Rm 11  Stephen Rm 11
Carson Rm 10  Narelle Rm 10

LUCKY TICKET DRAW
Recognising effort, excellence and good citizenship. Congratulations to these students who won ice cream tickets at the assembly last Friday.
Skye Rm 2  Danaya Rm 3
Gwyneth Rm 8  Aaron Rm 19
Sharnae Rm 3  Cameron Rm 19
Destiny Rm 4  Maddy Rm 7
Imogen Rm 7

ALBANY BASKETBALL ASSOCIATION
The Albany Basketball Association are busy preparing for the upcoming Basketball season.

Raiders Tryouts are open to all Boys and Girls who will be registered with the Albany Basketball Association for 2013/14 season.

Tryouts will be held on Monday 26 August and Monday 2 September at ALAC at the following times:
U12s & U13s 5 - 6pm
U14s & U15s 6 - 7 pm
U16s & U18s 7 - 8pm

Come along and have a go at becoming a Raider and represent Albany at the Country Championships early next year.

Albany Basketball Association
2013/14 Basketball Season
Nomination Nights
Monday 10 and Thursday 12 September
5 - 7pm at ALAC Basketball Office

Start planning your teams in your Year groups.

Further information from:
www.albany.basketball.net.au