Dear Parents and Friends

Scholarships
Each year a number of government secondary schools around the state offer scholarships for entry into specialised programs. If you have a child entering a secondary school in 2014 and are interested in what may be available you can follow the link below to access specific information on what is offered.


Commemorative Brick Pavers
It has been decided to extend the period for people to purchase one of these commemorative pavers until the end of the school year. It appears that even if we submit the order this year the pavers will not arrive until next year. An extension of time does allow the order when it is submitted to be as full as possible, but won’t significantly delay when the pavers arrive. Many thanks to the significant number of people that have placed their order – we look forward to having these installed early in the new school year.

Faction Athletics Carnival
Our Faction Athletics Carnival is next week, starting with the jumps, throws and 800m at 9.00am on Tuesday 12 November and finishing with the track events on Thursday 14 November. Since late last term and into this term our Sport and Physical Education programs have been focussing on the events that make up the athletics area. Hopefully all involved will be suitably prepared and motivated to participate fully. If your child is keen to be involved and looking forward to this event, please encourage them as fully as possible. Whilst there is a competitive element, in the main this is about promoting healthy physical activity and, with some encouragement at times like these, being regularly active may form into a lifelong habit.

Your attendance on the day is welcomed. This encourages participation and adds atmosphere to the event. I hope you can here.

In recent years the event has been dominated by Gold and Green Faction, I hope that this year Red can be competitive and sneak a win for the first time in nearly 9 years!

Many thanks to Mrs Binning for her work in helping to prepare the students through the Phys Ed program and for her diligent work in ensuring that our carnival is well organised and run on the day.

School Board Nominations
Please refer to information repeated in today’s newsletter in relation to nominations for vacancies on our School Board. Nominations close on Thursday 14 November.

Alan Dowsett – Principal

Spencer Park Primary School

Code of Behaviour

- Respect other people, their rights and their property.
- Be courteous.
- Let others learn.
- Treat others as you would like to be treated.

Are you moving schools or locations in 2014?

It is crucial that you inform the school of any intention to move from Spencer Park in 2014. Our funding and the way we organise classes is dependent on an accurate approximation of student numbers in each year level across the school. From here on in, and for the remainder of the year, notifying us if your child will not be here in 2014 will assist greatly when it comes to planning for the new school year.
Class Requests 2014

Parent requests in relation to class placement in 2014 can now be made. These need to be in writing and addressed to Mr Dowsett. The deadline for these is Monday 11 November. Please be reminded that whilst all requests will be given due consideration there may be a range of factors that may not allow all requests to be granted. Parents also need to be aware that once classes have been set it can be difficult to make changes to the placements that have been made.

VacSwim December/January school holiday programs

Enrolments are now open. Swimming pools and beaches are part of our Western Australian lifestyle. It is important for every child to learn to swim and develop essential water safety skills. VacSwim’s December/January school holiday swimming programs are conducted by qualified instructors who teach children the skills to be confident swimmers and safe in the water.

For information and to enrol, visit det.wa.edu.au/swimming. For further information, telephone VacSwim on 9345 4007 or email vacswim@education.wa.edu.au.

HONOUR CERTIFICATES

We congratulate the following students who received certificates at the last assembly.

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crystal Rm 3</td>
<td>Jaden Rm 3</td>
</tr>
<tr>
<td>Lee Rm 4</td>
<td>Jamie Rm 4</td>
</tr>
<tr>
<td>Silver Rm 4</td>
<td>Tristan Rm 10</td>
</tr>
<tr>
<td>Arred Rm 10</td>
<td>Angelina Rm 1</td>
</tr>
<tr>
<td>Brodie Rm 1</td>
<td>Cheyanne Rm 5</td>
</tr>
<tr>
<td>Jake Rm 5</td>
<td>Amelia Rm 17</td>
</tr>
<tr>
<td>Jordan Rm 17</td>
<td>Gemma Rm 9</td>
</tr>
<tr>
<td>Cooper Rm 9</td>
<td></td>
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</tbody>
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NO SCHOOL FRIDAY

Due to the Albany Show there will be no school tomorrow Friday 8th November.

School Board Vacancies

Nominations

Now that we have become an Independent Public School and our current School Board has assisted in managing this transition, it is now time to call for nominations of people interested in continuing this work. All of the positions allocated to the community are to be spilled and these are to be filled via nominations from the school. Four positions are set aside for community people. Two staff members plus the School Principal make up the remaining members of the Board. If there are more nominations than positions then an election will be held to determine successful candidates. If you are interested in taking on this role the following information may be of help in understanding the work of the School Board.

What will the School Board do?
The School Board’s overall role is to provide strategic guidance and monitoring of Spencer Park Primary School’s performance and to increase the flexibility and autonomy of the school to enhance the quality of student outcomes and learning environment.

The School Board will assist the principal in:
- Monitoring the implementation of the school’s 2013 – 2015 Business Plan and approving adjustments where needed over this period.
- Ensuring that the School’s yearly plan and budget addresses identified needs, supports the implementation of the 2013 – 2015 Business Plan and closely aligns with the school’s priorities.
- Developing processes to review the satisfaction levels of parents, staff and students.
- Creating the school’s Annual Report.
- Reviewing and adjusting school policies.
- Promoting the school in the community.
- Annually setting voluntary contributions and charges.

What do suitable nominees need?
Any parent/person who is committed to supporting our school to achieve the best education for ALL students should consider nominating. Skills/qualities in the following areas would be helpful;
- Leadership
- Strategic and/or critical, analytic thinking
- Interpersonal and communication

What commitment is required?
In making a commitment to be on the School Board members should be prepared to;
- Commit to the school’s vision, ethos and goal.
- Commit to the development of Spencer Park PS as an independent public school.
- Contribute to the work of the Board.
- Be sensitive to differing views and have the ability to work in a spirit of cooperation.
- Be willing to donate time, expertise and influence.
- Attend at least 2 hour long meetings per term, usually held directly following the conclusion of the school day.
- Serve for a period of up to 3 years.

How to nominate
Nominees need only give their name and a brief statement explaining why they would like to be considered for a position on the School Board. Hard copies can be left at the front office or e-mailed to Julie.Fordham@education.wa.edu.au. Closing date for nominations is Thursday 14 November.
SPENCER PARK EDUCATION SUPPORT CENTRE

Last week I mentioned the visit by Jenna Ryan, the dietician from Amity Health, to talk about healthy eating. We had a lovely thank you note from Kelly Flett who worked with Jenna on the day. She commented on our lovely students, “I loved their manners, enthusiasm and kind nature.”

I love it when we get such positive feedback from someone in the local community. These qualities are ones that will help our students achieve more in the community. Thank you parents, teachers and EA’s who work diligently to produce these kinds of outcomes.

The Wednesday’s Boys Club has started doing what boys love to do. Each Wednesday afternoon, weather permitting, the Wednesday’s Boys Club is getting hands on experience by casting a line and (hopefully) pulling in a fish. Mr. Riemer along with seven EAs support six of our students in learning this life skill.

Last term these students did Technology and Enterprise work in the shed. They created some interesting objects as well as learning how to handle basic tools.

I have extended the closing date for the Parents’ Satisfaction Survey. If you still have it please return it so it can be processed for our planning day Friday. If you need another copy please let your class teacher know and they will supply you with another copy.

Students have been preparing their entries for the Albany Show. Each year we go into the Schools Horticultural Competition. We are doing the plants in decorated footwear and grass heads. Be sure to keep an eye out for them when you go in the Horticulture Pavilion.

Next week Tamara North, Sharon Hall and I will be going to the Independent Public Schools presentation in Narrogin. We will have more information to pass on when we get back.

Please feel free to discuss any of your concerns with me. It is best to make an appointment by calling 9841 1537 to be sure I will be available.

Diane E Edwards
Principal

SPORTS DAY REMINDER

Faction Athletics Carnival Track events are on Thursday 14th November. The whole school is involved. Please remember to bring your hats, waterbottles and sunscreen.

Medallion Donations

If you would like to donate a pair of medallions for our Faction Sports Carnival please return the slip below to the school office with your donation. Medallions are $16.00 per pair and will have the name of the donor engraved on them.

Help

Parent help is also requested for the faction sports carnival on 12 and 14 November. If you are available to assist with either the jumps and throws on Tuesday or the track events on Thursday please return the slip below.

I would like to sponsor a pair of medallions and enclose $16.00.

Yes □ No □

Sponsor name to be put on medallion.

Yes I ___________________________ am available to assist with the Sports Carnival on Tuesday □ Thursday □

INTERSCHOOL CARNIVAL

Help for interschool carnival

This year Spencer Park Primary School is hosting the Interschool Carnival. We would greatly appreciate any volunteer help that is available, please fill in the form below if you are available to help.

Parent help is also requested for the interschool sports carnival on 26 and 29 November. If you are available to assist with either the jumps and throws on Tuesday or the track events on Thursday please return the slip below.

Yes I ___________________________ am available to assist with the Interschool Sports Carnival on

Tuesday □ Friday □
**SALVATION ARMY CHRISTMAS APPEAL**

As is the tradition here at Spencer Park Primary School, each Christmas, we give generously to the Salvation Army Christmas appeal. Captain Nial was pleased to fill his vehicle with the large amount of gifts that were received last year. All these gifts go to families in our region who are going through hard times. We would like to make another collection for the Salvation Army this Christmas. Boxes will be available in classes for Christmas goods and will be presented to Captain Nial at the Christmas assembly on the 3rd of December.

Please give:
- Non perishable food items; eg. fruit cakes, Christmas puddings, fruit salads, tin ham
- Christmas materials

Thank you for your generosity.

Fabian Hardey
Chaplain

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**SAFETY HOUSE**

You would recently have received a Safety House Child and Parent Handbook home with your child. As a result of an enquiry from a student about the locations of the safety houses in our school area we requested a list of addresses relevant to our students and were concerned to find that we actually have no houses participating in this program in our area.

If you are interested in making your house available to be a part of this program there are certain conditions that must be met, however the need is real. A copy of the application form and other information is available from the school office or you can check out their web page at www.safetyhousewa.org.au

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**Year 7 Smartrider Cards**

If you have a Year 7 student that will be catching the bus to school next year you may like to apply for a Smartrider before the start of 2014 school year. Application forms can be obtained from the office or downloaded from the Transperth website www.transperth.wa.gov.au.

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**On The Noticeboard Outside Room 6**

**Free pool and ocean coaching for adults in Albany.**

Come and be inspired and have a swim with Ceinwen Roberts, champion international open water swimmer on Sat 16th and Sun 17th November.

**Help for Shy and Anxious Teens**

Help for Shy or Anxious Teens and Children: Online Treatment for Social Anxiety is now available.
For children and teenagers with Social Anxiety, school can be an incredibly difficult time. Activities like presenting oral reports, participating in class activities, playing or competing in team sports and joining in with groups can be extremely anxiety provoking situations. But there is help available... and it's online!

A team of researchers (BRAVE Team) at Griffith University, University of Southern Queensland, and the University of Queensland are seeking children (8-12 years) and teenagers (13-17 years) suffering from social anxiety; a fear of being negatively judged by others, or extreme shyness.

The BRAVE program aims to help children and their parents learn strategies for managing social anxiety and teach techniques to cope with anxiety provoking social situations. The treatment program involves between 7-12 online sessions for participants, with each session taking approximately an hour to complete. Families are charged a one-off fee of $120 to assist in covering treatment costs and will also be asked to complete questionnaires and telephone interviews. However, families will receive a rebate of $25 in vouchers each time they complete a post-treatment assessment.

For more information, or to register your interest in the program, please visit the BRAVE ONLINE website: www.exp.psyc.uq.edu.au/socialanxiety.
Alternatively, you can contact the BRAVE team on (07) 3135 3312 or Email: brave@psy.uq.edu.au.
For further information, pay a visit to our Facebook page: www.facebook.com/braforanxiety.

Is your child or teenager having difficulty at school because they are worried about what others will think of them? Do they hate to speak in front of their classmates in fear of embarrassing themselves? Does their extreme shyness interfere with their ability to make friends or attend parties like other teenagers their age? If this sounds like your child then help is available!

The BRAVE Program is an exciting online program targeting child social anxiety, which has been created by a group of researchers from the University of Queensland, Griffith University and the University of Southern Queensland (Australia).

The BRAVE Program is an online treatment program which has been specifically targeted towards children aged between 8-12 years and adolescents aged between 13-17 years who have social anxiety, or are extremely shy. The BRAVE program aims to help children, teenagers and parents learn strategies for managing social anxiety as well as find ways to cope with anxiety provoking social situations.

Research has found that our online program elicits the same results as face-to-face therapy for children with social phobia, meaning that we have an opportunity to provide effective treatment to families all over Australia and around the world.

If you are interested in participating or registering your child or teenager, please refer to our website www.exp.psyc.uq.edu.au/socialanxiety. Alternatively, for more information please feel free to visit our Facebook page www.facebook.com/braforanxiety.

Thank you!

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Investigators: Prof, Sue Spence, Dr Caroline Donovan & Dr Sonja March
Project Coordinators: Laura Uhrmann Ph: (07) 3735 3312
Gemma Betens (Ph): (07) 3735 1807

The BRAVE Team
School of Psychology
University of Queensland & Griffith University