Dear Parents and Friends

Parent Survey
Hopefully by now you would have received our annual parent survey. This year we are using a different survey instrument. The reason for the change is that the Federal Government has asked all schools to survey their communities and has standardised the questions to be used. Students and staff will also be surveyed as part of this process. All of the collated data will then be added to the My School website and I believe will become available in 2015 as part of the information parents can access about a particular school.

Whilst the actual questions have different wordings, I am sure those of you who have filled these out in the past will find some similarities in the content that is covered. Our School Board has added some of our own questions, information that will be used later in the year at our annual school review.

I hope that you can find some time to complete the survey and return – your feedback about the way the school operates is extremely useful in terms of our planning process and ensuring that the overall direction of the school has support from the community.

Surveys need to be returned by Friday 22 August

Immunisation
As you will be aware we ask parents to give information about a child’s immunisation record when they enrol. This is crucial information because if a student in our school was to contract, in particular, measles or rubella then current government policy is that all students who do not have an up to date immunisation would need to be excluded from school until such time that the risk of infection passes.

This is obviously to reduce the risk to these students of being exposed to infection.

Contracting measles at its worst can have dire health consequences. I am sure that most would also be aware of the risks involved with someone who has Rubella having contact with pregnant women.

If you feel that the immunisation information we have may not be up to date, I strongly encourage you to come into the school office with your most current immunisation record and ensure that we have this information placed on your child’s record. This will hopefully minimise the numbers of children that need to be excluded should this be required if we have an outbreak of these kinds of infectious diseases.

Lapathon/Cross Country Sponsorship
Many thanks to all of those parents who encouraged their child’s involvement in this fundraising activity for our P&C – the wonderful amount of $3427 was raised and this went directly towards the replacement of the carpets that we use for the children to sit on in the hall during assembly – they look terrific and I am sure give greater comfort to the students at these times.

Seven lucky students who participated in this fundraising activity went home with $20 vouchers as a result of having their name drawn from all of those who gathered sponsorship funds. Congratulations go to; Cooper Room 11, Aaron Room 17, Katie Room 1, Ethan Pre-primary 1, Aaron Room 7, Angelina Room 3 and Taylor Room 19. I am sure they will enjoy going shopping with their vouchers.

Many thanks once again to our P&C Treasurer, Ivane Cremasco, for her work in collecting and banking the funds raised, organising the vouchers and ensuring everything was organised for the names to be drawn on Friday.

Katanning Netball Carnival – Great Success!
A group of our year 6/7 students left school very early and travelled to Katanning for a netball carnival last Friday. We fielded 2 teams, one
team of boys and one team of girls. This is the second year in a row that we have been able to take part in this activity, giving our students another opportunity to not only represent their school but also to develop their skills in this sport. A large number of schools from the surrounding region take part. We performed very successfully winning the boys and girls competitions.

Congratulations to all of those students involved – hopefully something to remember in the years ahead!

Once again many thanks to Mrs Binning for organising this wonderful opportunity for our students to be involved; Ms Perry, Ms Forrest and one of our parents, Mrs Macdonald, who helped with transport and coaching on the day.

Jeans for Genes
Last Friday our school participated in the Jeans for Genes fundraiser and raised $484! A fantastic effort; many thanks to all of those families who supported their child’s involvement, also a huge thank you to Ms Ralph who coordinated and promoted this very worthwhile activity.

Alan Dowsett – Principal

Information about Bahá’í Classes at Spencer Park
Lessons are structured around a particular spiritual quality (such as generosity, joy and kindness) with the hope of contributing to the development of each child’s character in their early childhood years. Emphasis is given to developing spiritual qualities and to those beliefs, habits and behaviours that constitute the essential attributes of a noble human being. These habits and patterns of conduct include prayer, seeking knowledge, living in harmony, being a good friend, service and consultation.

Lessons are conducted at the same time as scripture every Tuesday afternoon.

An information folder about Bahá’í Classes is available at the school office. For further information please call Bahá’í SRE teacher Jennifer Forrest on 9851 2547. Information on the Bahá’í Faith can also be found at www.bahai.org.au
Permission slips to access involvement are also available at the front office.

Talk soon. Talk often. Year 6 and 7 Growth and Development booklets are available from the office for any parents/caregivers that require them.

2015 Applications for Kindergarten and Pre-primary
Applications for your child to be enrolled in kindergarten (4 year olds) and pre-primary (5 year olds) are now being taken at our school office. If your child is entering our school for the first time their birth certificate and immunisation details will be required.

The closing date for applications this year was Friday 4 July but we will be taking applications throughout the remainder of the year.

If your child is currently enrolled in our 4 year old program you will still need to make contact with the school office to ensure that your child is on our pre-primary list for 2015.

Future Dates
<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>SMS Attendance began</td>
<td>Mon 4 Aug</td>
</tr>
<tr>
<td>In Term Swimming</td>
<td>Mon 4 Aug to Fri 15 Aug</td>
</tr>
<tr>
<td>Rooms 5,10</td>
<td>Aug</td>
</tr>
<tr>
<td>Next Assembly</td>
<td>Fri 15 Aug</td>
</tr>
<tr>
<td>NASHS Transition</td>
<td>Fri 15 Aug</td>
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<tr>
<td>Eagles Cup vs St Jo's (Away)</td>
<td>Tues 19 Aug</td>
</tr>
<tr>
<td>Book Week</td>
<td>Mon 18 to Fri 22 Aug</td>
</tr>
<tr>
<td>Book Week Dress Up Assembly</td>
<td>Fri 22 Aug</td>
</tr>
<tr>
<td>Parent Survey Due</td>
<td>Fri 22 Aug</td>
</tr>
</tbody>
</table>

Sports and Special photograph orders.
Parents/Carers can order faction captain and student councillors etc. photos online at www.fotoworks.com.au and follow the prompts (as listed below)
1. Select green icon “Order Online”
2. Click on yellow tab “Sports & Specials”.
3. On the left hand side you will see School Gallery, click on this tab
4. Scroll down until you find Spencer Park PS (they are in alphabetical order)
5. Enter Access Code SPPS45 (as detailed on their reorder forms)
This will load all Sports and Specials photos for parents to view and purchase.

HONOUR CERTIFICATES
We congratulate the following students who received certificates at the last assembly, 1 August 2014
<table>
<thead>
<tr>
<th>Name</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nathan</td>
<td>Room 1</td>
</tr>
<tr>
<td>Cleve</td>
<td>Room 4</td>
</tr>
<tr>
<td>Cerys</td>
<td>Room 9</td>
</tr>
<tr>
<td>Gabriel</td>
<td>Room 10</td>
</tr>
<tr>
<td>Chloe</td>
<td>Room 10</td>
</tr>
<tr>
<td>Clayton</td>
<td>Room 18</td>
</tr>
<tr>
<td>AliciahRoom 1</td>
<td></td>
</tr>
<tr>
<td>Keeta</td>
<td>Room 4</td>
</tr>
<tr>
<td>Mason</td>
<td>Room 9</td>
</tr>
<tr>
<td>Dana</td>
<td>Room 10</td>
</tr>
<tr>
<td>Teheira</td>
<td>Room 18</td>
</tr>
</tbody>
</table>
We know you do a great job of caring for your child. But even with the best of care children have health issues. One that can affect learning and the child’s wellbeing is a toothache. Toothache and jaw pain are common complaints. It is not unusual for one to feel mild pain from pressure, and hot or cold exposure to the tooth. However, if the pain is severe and persists for longer than 15 seconds after the pressure or temperature exposure, then this could be an indication of a more serious problem. If there is severe inflammation of the tooth, the pain can radiate to the cheek, the ear, or the jaw. The signs and symptoms that might lead one to seek care include the following:

- Pain with chewing
- Hot or cold sensitivity
- Bleeding or discharge from around a tooth or gums
- Swelling around a tooth or swelling of the jaw or cheek
- Injury or trauma to the area
- These signs and symptoms may sometimes be associated with dental decay or gum disease (periodontal disease). Dental decay or an area of redness around the tooth’s gum line may point to the source of pain. If one taps an infected tooth, it may make the pain more intense. This sign may point to the problem tooth even if the tooth appears normal.

A toothache needs to be differentiated from other sources of pain in the face. Sinusitis, ear or throat pain, or an injury to the temporomandibular joint (TMJ) that attaches the jaw to the skull may be confused with toothache. Pain from a deeper structure (called referred pain) may be passed along the nerve and be felt in the jaw or tooth. In order to pinpoint the source of the pain and get relief, call the dentist or doctor.

*Medically Reviewed by a Doctor on 6/10/2014*

* Taken from [http://www.emedicinehealth.com/toothache/article_em.htm#toothache_symptoms_and_signs](http://www.emedicinehealth.com/toothache/article_em.htm#toothache_symptoms_and_signs)

**Special Needs Dental Services Please Help Us!!**

If you haven’t done so yet please help us to get our dental services back in Albany for people who cannot tolerate dental procedures and x-rays unless done under General Anaesthetic by signing our petition at: [http://www.change.org/en-AU/petitions/mr-peter-watson-provide-dental-services-for-special-needsat-albany-regional-hospital](http://www.change.org/en-AU/petitions/mr-peter-watson-provide-dental-services-for-special-needsat-albany-regional-hospital) or alternatively go to [https://www.facebook.com/SNDentalAlbany](https://www.facebook.com/SNDentalAlbany) and click on the link to the petition page. Please feel free to discuss any of your concerns with me. It is best to make an appointment by calling 9841 1537 to be sure I will be available.

Diane E Edwards, Principal

**What I can See from My Playground**

*by Jacob North*

The builders were at the cement mixer. It was going around and around.

I saw toilet windows and pipes for the bathroom. I saw big yellow bags on the tin roof.

Mrs Eyles said it was the insulation. Insulation goes in the ceiling to keep the classroom temperature cool or warm.

Jacob North

**Library News**

**Bookweek 2014 is coming!**

Monday 18 to Friday 22 August 2014. This year’s theme is “Connect to Reading”.

In the library there will be a colourful display of shortlisted books for the 2014 Children’s Book Awards, by some of Australia’s most outstanding authors. Don’t forget to come in to see this year’s excellent choice of picture books and novels.

On Friday 22 August join in the fun and dress up as your favourite book character for the parade after assembly.

**Nitbusters**

Head lice are back! We have had a volunteer offer to lead the Nitbusters team and we are urgently asking for parents who would be available to work with the team to check heads several times per year. We would like to get this going as soon as possible.

If you can spare a few hours to help please contact the school office on 9841 2488 and leave your details.
Year 6/7 Camp Fundraiser - Bunnings Sausage Sizzle
We were greeted with a wonderful sunny day last Sunday at Bunnings for our first Year 6/7 Camp Fundraising Sausage Sizzle. The day was a great success - with over 450 Sausage Sizzles being sold!

A huge thank you to our parent/guardian and student helpers - Mrs Parker and Jack, Mrs Killey and Ethan, Mr Packard and Peter, Mrs Clark and Leiv, Mrs Mills and Caleb, Mrs Tutt and Blaise, Mrs Dunwoodie and Sarah, Mrs Tickell and Hannah, Mrs Healy and Gemma, Mr and Mrs Chandler, Mr and Mrs Swarbrick and Chelsea, Mr and Mrs Harvey and Ethan. Further thanks to Mrs Parker for organising things at Bunnings and to Mrs Harvey in the Canteen for assisting with all of the food ordering!

Our senior students who assisted were a credit to our school - displaying great manners and respect to our customers and working as a fantastic team!

Thank you to all of the school community for supporting us on the day through your purchases or donations.

All of the profits raised from these activities go towards off-setting the costs of the Year 6/7 end-of-year activities. So far we have raised in excess of $1500 towards our students!

Our next Bunnings Sausage Sizzle is on Sunday, August 24 2014. Thank you to all of the students and parents/guardians who have indicated their assistance on the day. A revised Parent Helper Roster will be sent home in the near future.

Once again, sincere thanks for all your support! Miss Cheetham, Miss Perry, Mr Hodgkinson and the Year 6/7 Camp Committee

Left in the Office
A metal thermal cup with a pink lid was left in the school office on the front counter about two weeks ago. If this is yours please collect from the office.

Are you Raising Kind Kids?
This is the first of a series of 5 points made by Harvard psychologist Richard Weissbourd that will be included in the Newsletter in coming weeks.

Make caring for others a priority. Why?
Parents tend to prioritize their children’s happiness and achievements over their children’s concerns for others. But children need to learn to balance their needs with the needs of others, whether it’s passing the ball to a teammate or deciding to stand up for a friend who is being bullied.

How?
Children need to hear from parents that caring for others is top priority. A big part of that is holding children to high ethical expectations, such as honouring their commitments, even if it makes them unhappy. For example, before kids quit a sports team, band, or a friendship, we should ask them to consider their obligations to the group or the friend and encourage them to work out problems before quitting. Try this.

- Instead of saying to your kids: “The most important thing is that you’re happy,” say “The most important thing is that you are kind.”
- Make sure that your older children always address others respectfully, even when they’re tired, distracted or angry.
- Emphasise caring when you interact with other key adults in your children’s lives. For example, ask teachers whether your children are good community members at school.

LUCKY TICKET DRAW
Recognising effort, excellence and good citizenship. Congratulations to these students who won ice cream tickets at the assembly last Friday.

<table>
<thead>
<tr>
<th>Name</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>Josh</td>
<td>1</td>
</tr>
<tr>
<td>Neve</td>
<td>1</td>
</tr>
<tr>
<td>Irene (Goldie)</td>
<td>1</td>
</tr>
<tr>
<td>Luke T (Goldie)</td>
<td>2</td>
</tr>
<tr>
<td>La’Shae</td>
<td>3</td>
</tr>
<tr>
<td>Makayla</td>
<td>7</td>
</tr>
<tr>
<td>Jharnae (Goldie)</td>
<td>8</td>
</tr>
<tr>
<td>Zayne</td>
<td>17</td>
</tr>
<tr>
<td>Xavier</td>
<td>19</td>
</tr>
</tbody>
</table>

Spencer Park Primary School Code of Behaviour

- Respect other people, their rights and their property.
- Be courteous.
- Let others learn.
- Treat others as you would like to be treated.
WA Education Awards
The WA Education Awards provide many opportunities for reflection, acknowledgement and celebration.

2014 is an exciting year for the WA Education Awards. Having merged with the WA Aboriginal Education Awards, there are now more award categories and greater opportunities to celebrate the inspiring work taking place in public schools.

With 11 categories, the awards will now recognise even more people contributing to providing every child in Western Australia with a high quality education – whatever their ability, wherever they live, whatever their background.

Nominations can only be written by Department of Education staff, School Board/Councils and Parent and Citizen’s Associations. Individual students and parents are not eligible to submit a nomination.

Nominations can be made in the following categories:
- WA Premier’s Primary Teacher of the Year
- WA Premier’s Secondary Teacher of the Year
- WA Premier’s Excellence in Aboriginal Education Award
- WA Primary School Leader of the Year
- WA Secondary School Leader of the Year
- WA Beginning Teacher of the Year
- WA Education Assistant of the Year
- WA Aboriginal and Islander Education Officer of the Year
- WA School Services Staff Member of the Year
- WA Primary School of the Year
- WA Secondary School of the Year.

Nominations close on 22 August 2014 Award. For more information visit www.education.wa.edu.au/home/detcms/navigation/about-us/programs-and-initiatives/

Merit Certificate
The WA Education Awards are also your opportunity to acknowledge the outstanding commitment and contribution made to your child’s education by a favourite teacher, principal or member of school support staff.

Get involved in the nomination process this year by giving your favourite teacher, principal or school support staff member a certificate of merit. Certificates are available at the front office, fill it in and hand it back to your school office by Friday 22 August.

Community News
Please note notices appearing below are not necessarily endorsed by the school. We provide this space for community groups to advertise to the school community. It is up to parents to scrutinise the activity and organisers for their child.

QUIZ NIGHT – Southern District Junior Football Association Inc.
Friday 29 August 2014. Doors open 6.45pm for 7pm start. At Albany Primary School Assembly Area, Tables of 8 – 10. $10 per person. Raffles / Door prizes / Chocolate wheel / Games Bring your gold coins. BYO alcohol/drinks and nibbles. Phone: Naomi 0429 232 766 to book your table

SEA Youth Performance
Wanted young people, LET’S PUT ON A SHOW. Born to act? Love to Dance? Adore Circus Tricks? Call Southern Edge Arts on 9841 6002.

Triple P – Positive Parenting Program
Free Parenting Seminars – for every parent of a teenager.

Parents/carers of children in years 6/7/8 are invited to attend free parenting seminars to learn practical, positive and effective ways to:
- Encourage responsible teens who are respectful, considerate and involved in family activities
- Help teens become more competent through self-discipline and problem solving.
- Encourage teens to establish routines, follow school rules and have supportive friends
- Help teens get connected by encouraging them to be confident, socially skilled and take care of others.

Research has demonstrated the acceptability of the strategies across cultures. Parents may choose to attend one, two or all three of the following seminars.

Seminar One: Raising Responsible Teenagers
Wednesday 13 August

Seminar Two: Raising Competent Teenagers
Wednesday 27 August

Seminar Three: Getting Teenagers Connected
Wednesday 10 September

Time: Coffee, tea, registration 6.30pm for a prompt 7pm start, finishing at 8.30pm.
Venue: ASHS staffroom.
Cost: Free – however, bookings are essential.
To register to attend a free parenting seminar or for more information please contact:
Brenda McCann: Brenda.Mccann@education.wa.edu.au or Maree Dawes: Maree.Dawes@education.wa.edu.au
Alzheimer’s Australia - Memory Walk & Jog
The race against dementia, raising funds and awareness for dementia. All ages and fitness levels encouraged.
Saturday 6 September 2014, register now. 8.00am start MIDDLETON BEACH, ALBANY.
CALL 08 9388 2800 OR VISIT
www.memorywalk.com.au
www.facebook.com/memorywalkandjog
Child (0-5 yrs) Free Child (6-17 yrs) $10
Adult (18-59 yrs) $20 Adult (60+ yrs) $10
Family (4 Family Members, Max. 2 Adults) $55
ENTRY FEES

DEALING WITH DISOBEDIENCE
Do you need some more ideas about how to teach your children to do as they are told and what to do if they don't? If so, this 2 hour group may be for you?
Helps parents discuss why children don’t do as they are told how to set limits and how to deal with disobedience when it happens.

What are Triple P Discussion Groups?
Triple P Discussion Groups are short, small group sessions that offer practical advice for tackling specific problem behaviour.
A discussion group is a short, small group session run by a trained Triple P provider. The session brings together about 10-12 parents who are experiencing the same parenting problem.

What happens at a discussion group?
In a relaxed group session, your provider will give you tips and suggestions for dealing with your child’s problem behaviour. You’ll see short video clips showing other parents successfully dealing with the same issue, and you’ll be encouraged to share your thoughts with the other parents in the group, if you want to. You’ll also be given a take-home workbook with simple exercises and information to help you try your new strategies at home.
For Parents of Children from Birth to 12 years
Cost: FREE.
Venue: Albany Local Area Office
Serpentine Road
Date: Thursday 7 August 2014. 9.30 - 11.30am.
To register:
Contact Jennifer Allen on 0427 083 653
Jennifer.allen@education.wa.edu.au
LIMITED NUMBERS - BOOK SOON!

Communities for Children newsletter
August edition now available. Some of the exciting articles featured in this month’s newsletter include:
-Breastfeeding, the food for life
-Where do I fit in? A blokes guide to breastfeeding
-Kids - build strong bones for life
To access the newsletter please click on the link below and select August 2014

Alternatively go to the latest news section on the home page of the Amity Health website and click the August Newsletter under Communities for Children. Please forward the newsletter on to your families and others in the community who may be interested.

Bridgetown High School’s 60th Reunion
1954 – 2014
Save the date, Saturday 6 September 2014. Ist weekend in September.
Celebrating the Alumni decade 2004 – 2014. We are looking for former students, staff, P&C members and anyone else that has had involvement with the high school in the past 60 years to come forward with ideas on how to make this a successful and fun event.
For more information please contact Marie Perrier 0418 611 130, bhs60th@gmail.com, Daphne Eldridge daphne@iinet.net.au

Is bullying really something to be worried about?
Bullying affects everyone involved, including people who witness it. It can have serious and long-term emotional or psychological consequences in addition to the immediate harmful effects.
Communities that condone or ignore bullying may create an environment where more serious anti-social behaviour is condoned.
Bullying undermines key values that schools aim to promote in students – respect, trust and honesty.