Play Based Remote Learning Pack

Dear Families,

This package has been created to support your child during short term remote learning. We believe that every aspect of a young person's world is a learning opportunity. You can incorporate the activities provided in your daily routine in many meaningful ways.

If you have any questions or concerns, please don't hesitate to raise them with your child's teacher.

Your Learning Pack includes:

- A suggested daily timetable/schedule similar to our classroom's routine, however this is not compulsory.
- Hands on learning experiences for; Literacy, Numeracy, Play and Movement, Hand Strength and Fine Motor Movement and Science
- Sensory play activity ideas from Mother Could
- Play recipe ideas from Mother Could
- Activity Logbook



Daily Timetable

Tuning In

Having a go at writing their name (sensorial experience: children can practice in shaving foam, sand, paint bags)

Discuss/describe the day of the week and the daily weather. Have a look outside and use some describing words (sunny, cloudy, partly cloudy, cold, rainy, humid, warm, hot).

20 min Outside Exercise Break or Sensory Break

If raining children can do a Go Noodle/Cosmic Yoga Use the Play and Movement activities provided below

Literacy Activity

Home Literacy activities provided below

Morning Tea

Outside Play

If it is raining, Go Noodle and Cosmic Yoga are great inside motor movement activities

Story Time

Discuss book features: Title, Author, Illustrator, reading direction – print goes left to right/ top to bottom, words, pictures etc. Ask questions who, what, where why?

Ask two-three step instructions: "can you turn the page and point to a capital letter"

Alternative: Story on YouTube, Audiobook

Numeracy Activity

Home Numeracy activities provided below

Lunch

Outside/Free Play

Sensory/Relaxation time

Meditation, dark room with music and a disco light, Sensory toys (weighted blanket, deep pressure/squeezes, stretch band, tunnel, light/squishy toys, medicine ball)

Story

Science Activity

Home Science activities provided below

Conclusion of the day/Reflection

What was the best thing you did today? What would you like to do tomorrow?

Home Ideas: Numeracy

Shape Hunt

Draw some basic shapes on a piece of paper (circle. square, rectangle, oval, triangle). Look around the house and find things to match your shapes.





Make a Pattern

Find objects of the same colour or shape (beads, beans, buttons, leaves etc.) that you can use to make a pattern. Explore copying a pattern, creating a pattern and extending on a pattern of varying difficulty.



Sorting

Help put the washing up away. Sort toys and other items into matching groups. You could also do the same type of activity by helping to put some clothes away.



Counting

Look around the house for things you can count (chairs. pillows, spoons, etc.). Pick one category to count at a time. Go around the house counting out loud the number of items in that category and declare your total.



Solve a Puzzle

Complete a puzzle that you have at home and/or create your own. Make a puzzle of your own by drawing a picture on some paper/ card. Then, draw some cutting lines over your picture to form puzzle pieces and cut 🙀 along the lines. 🥰

More and Less

Gather some of your toys. Take turns putting your toys in two different sized groups (up to 10). Guess which group you think has more and which has less. Check your answer by counting the number of toys in each group.



Comparing Height

Look around your home for something tall, something short and other items that are 'in between'. Have a go at ordering your objects from shortest to tallest.



Sing a Counting Song

Sing some songs about numbers like : Five Little Monkeys Jumping on the Bed, Ten in the Bed, Alice the Camel, This Old Man, One Potato Two Potato, and Five Little Ducks.



Counting Rocket Ship

Curl up in a ball on the floor. Start counting from 0 to 10. As you count higher move up onto your feet and then higher and higher until you form a rocket ship blasting off. Repeat backwards (counting 10 to 0).



Dot Match

On some post it notes or small pieces of paper write numbers from 0-10. Repeat this but use dots to represent the numbers. Hide the dot set around the house. Go around the house matching the numbers to the correct dots.



Fill Containers

Choose some different sized containers and one cup. Predict and then measure how many cups it takes to fill each container with water. Change your cup size and see how it changes your measurements.



Comparing Length

Cut a piece of ribbon or string (or even use a shoe lace!). Find something that is longer and shorter. As a challenge, you could find something that is the same length. Once you have collected some items, try and sort them by length.



Keep in mind:

- Pointing at or touching each object while I count out loud will help with my accuracy.
- If I make a mistakes, support and encourage me to check 'my work' so I can figure out the correct answer.
- Encourage me to talk out loud while I am working through these activities.
- These activities can be repeated and extended upon.
- If your child has access to a Communication Device (AAC) use this to model literacy language.

GROWTH CACHIEVEMENT PASSION



Home Ideas: Literacy

Explore a Book

Ask your child to choose a book and read it to them with an expressive voice. Talk about the front cover. characters, setting and events.



Learn New

Songs

Learn a new nursery

rhyme. Use

'Playschool 50 best

songs' on You-Tube

for ideas. Make up

some actions to go

with

discarded drawings. drawing (such as a make up a story about the worm's adventures.



Play 'Simon Says'

Play the traditional game of 'Simon Says'. Start with one step instructions and build to as many as you can. For example, "Simon says, 'touch your nose, then head, then tummy and then turn around'."

Play 'I Spy'

Say to your child, "I spy with my little eye something that is (choose a colour or a sound)." Let them quess and give clues if needed. Then swap roles.



Make a Book

Collect a pile of Add a simple character worm) to each page and



Silly Rhyme

Make a fun game out of silly talking by taking turns to make up rhymina words. For example, bake, lake, make, cake, dake, pake, shake, gake...keep going until you get stuck, then pick a new word to rhyme.

Write Your Name

Explore different ways for your child to write their name (on paper, in a tray with rice, in shaving cream, with play dough, etc.) or collage their with objects.



Reflect On a Story

After reading a story together, talk to your child about their favourite part of the story. They may like to draw or paint a picture or act it out with their toys.



Play clapping games

Remember back to your own childhood and try to teach your child some hand clapping rhymes. If you can't remember any, google search 'hand clapping rhymes'





Keep in mind:

- Reading stories to your child is one of the best activities you can do together to build strong school foundations
- Developing good phonological awareness is important in Kindy (you can google this!). Good phonological awareness is the most important first step of learning to read and write.
- If your child has access to a Communication Device (AAC) use this to model literacy language.
- These activities can be repeated and extended upon.

Here are some great online literacy and numeracy resources:

https://www.topmarks.co.uk/en glish-games/3-5-years/lettersand-sounds



Match the Sounds

Listen to the sounds t picture that matches

https://www.topmarks.co.uk/ma ths-games/3-5-years/counting



Teddy Numbers

The Teddy Numbers game can help you to learn numbers to 15. Learn the digits and words for the numbers and the game can help you learn to count too Tablet-friendly



Ladybird Spots

Three different counting, matching and ordering maths games based on the numbers 1 to 10 for early years





Caterpillar Count

Collect the numbers up to 15 in order and make the caterpillar grow into a butterfly.

GROWTH ACHIEVEMENT PASSION

Home Ideas: Play and Movement





Think about using couch cushions, chairs and blankets to make a fort.



Sing a Song

Think about sonas you can sing with actions like Open Shut Them, Itsy Bitsy Spider and I'm a Little Teapot.



Play Dress Ups

Think about usina home dress ups, old clothes and clothes from other family members that you can use to dress up.



Create a Dance

Think about your favourite songs and create simple dance steps to them.



Move Your Body

Think about different ways you can move your body (star jumps, side gallop, hop, skip, etc.) and create a fitness work out.



Have a Tea **Party**

Think about which of your toys you can invite to a pretend tea party and which games you could play together.



Invent Something

Think about a new invention. Draw a design, gather your materials from around the house and create your invention.



Build an Obstacle Course

Think about things around the house you can use to jump over, tunnel under and skip through to make an obstacle course.



Have a Race

Think about all the different ways you could have a race with others at home (running, hopping, skipping, crawling, etc.) and see who is the fastest!



Create **Artworks**

Think about items you can use at home to create an artwork (painting, drawing, sculpture from recyclables, mosaics from scrap paper, etc.).



Use Your **Imagination**

Think about items around the house you might not normally play with (plastic cups, rocks, bottle caps, etc.) and use your imagination to play with them.

Play a Game

Think about different games you could play (freeze. musical chairs. board games, hide and seek, etc.) and play some of these games together.



Get Messy

Think about something messy you can create and play with (e.g. 'mud' from cocoa and water, 'oobleck' from corn flour and water, bubbles with dishwashing liquid and water, etc.).



Create Music

Think about different ways to make music using items from around the house (pots for drums, Tupperware container of rice for a maraca, clapping, etc.).



Experiment with Water

Think about different ways to experiment with water (build a paper boat, explore objects that float/ sink, explore items for pouring and collecting, etc.).



These activities can

Keep in mind:

- be repeated and extended upon.
- Talk to your child about their play (but don't quiz them!).
- Encourage your child to also engage in unstructured play time with their toys.
- If your child has access to a Communication Device (AAC) use this to model the language of play and movement!
- Have fun ☺

GROWTH ACHIEVEMENT PASSION

Home Ideas: Hand strength and fine motor



Use your hand and arm strength to mix ingredients and get your hands dirty kneading dough to make warm, tasty bread.



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Play dough sausages

Roll playdough
between fingers to
make sausages. Cut
with scissors or pull
apart with index and
thumb to turn sausage
into meatballs



Bucket filling with a sponge

Try to move coloured water from one bucket to another using a sponge. Soak water up and wring out to fill another bucket.



Paper basketball

Use hands to scrunch up used newspaper or scrap paper and throw into buckets.



Collage

Use fingers to tear and rip paper to make a creative collage. Use scrap paper, news paper, scrapbook paper or old magazines



Tug of war Play gentle game of Tug of War with towel or

clothes.



Cutting practise

Draw dotted lines on paper and carefully cut along the lines. Thumb to the ceiling when cutting.



Make a necklace

Use pasta, beads or cut up old jewellery to make new fashion wares. Threading builds hand eye coordination



Tweezers

Use tweezers or kitchen tongs to pick up small objects such as pom poms, button or beads.



Shadow puppets

Make a show using your hands and light. Can you make a rabbit? A dinao? A snake?



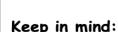
Sponge targets

Use chalk to draw targets on floor and throw wet sponges at the targets. Wring sponges out before throwing for extra strength development

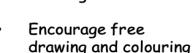


Finger rhymes And hand clapping games

Incy Wincy, pata-cake, Once I Caught a Fish Alive, Round and Round the Garden Like a Teddy Bear.



- These activities can be repeated and extended upon.
- Don't fatigue children by using hand strength activities for too long



- If your child has access to a Communication Device (AAC) use this to model language related to these activities.
- Have fun ©





GROWTH ACHIEVEMENT PASSION



Home Ideas: Science



Observe

Look around you and draw what you see in nature



Listen

What sounds can you hear? Where are they coming from? Draw what made the sound.



Touch

Touch different textures such as fabrics, utensils, natural objects and surfaces and materials. Discuss what is soft, rough, bumpy and smooth.

Taste

Taste lemons. sugar, pop corn, turmeric, apples and talk about sweet/salty/sour



Chalk paint

Make by mixing food colour, corn flour and water. Can be used outside on floor or fence and washes easily.



Make playdough

Get creative with your colour, acrylic paint can be used to colour dough by adding to water step in procedure.



Write a procedure

Draw pictures to remember steps in cooking or making. This will give you a great Rainy-Day activity book.



Make a ramp

Use cardboard, tape, cushions, pipe etc to make ramps for toy cars. What make the car go further?



How many legs?

Look for insects in

your garden and

count their legs.

Observe their

colours and discuss

what to do if you

see dangerous

spiders.

Magic Flowers

Put flowers with white petals into water with food colour and watch what happens. Can be done with celery too.



Will it float?

Find objects to put in bucket of water. See what floats/sinks



Tall towers

Make a tall tower Experiment by using cushions, boxes and other house hold items. Orange? How tall can it go?



Finger paint

mixina colours usina fingers. How can you make purple?



Where do you live?

Research animals and their habitats. Make a house for a bug using recycled objects.



Sensory bottle

Fill a clear bottle or iar with coloured water and oil. Add alitter/buttons or beads



Keep in mind:

- These activities can be repeated and extended upon.
- Ask question that begin with .. 'I wonder if..' or 'what happens when ...?'
- Encourage science questioning skills 'what do you thik will happen..?'
- Encourage free science exploration lead by child to engage their interests.
- Read non-fiction texts and research interests (animals. countries. inventions or people)
- Have fun ©

GROWTH CACHIEVEMENT PASSION

Updated: February 3rd 2022

Please follow the link for a full range of Home-Learning Activities with the PLD: https://pld-literacy.org/home-learning-with-pld/

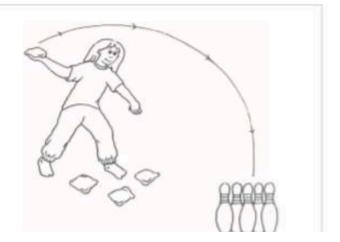


Gross Motor Skills: Ball Skills

Ball Skill 1

Equipment Required: Bean bags, set of skittles or some empty milk cartons or cool drink bottles, partially filled with sand.

Activity: Child to stand 1-2m away from where skittles have been set up in formation. Children to pick up one beanbag at a time and using an over arm throw launch it at the skittles to knock over. Continue throwing until all skittles have been knocked down.



Gross Motor Skills: Jumping and Landing

Jumping and Landing 2

Equipment Required: Trampoline.

Activity: Child to commence two foot jumping on trampoline to establish rhythm and co-ordination. Child to attempt hopping on trampoline. Child may require someone to hold their hands to begin with, so they can gain their balance.



GROWTH ACHIEVEMENT PASSION
Resources provided by PLD
and adapted by Madelaine
White - Cloverdale ESC Early
Years Co-Ordinator

Updated: February 3rd 2022

For a full range of activities please visit: https://www.mothercould.com/





1.Ocean sensory bin

(water, blue food coloring, ocean animals)

2.Toy Car Wash

(toy cars, water, soap, sponge, wash cloth)

3. Baking soda and vinegar experiment

(baking soda, vinegar, food coloring)

4. Make slime

(glue, baking soda, lens solution, food coloring)

5.Color mixing with colored ice cubes

(ice cube tray, food coloring, water)

6.Make rainbow rice

(rice, food coloring, vinegar)

7. Make & paint with puffy paint

(white glue, food coloring/paint)

8. Make color mixing bags

(plastic bag, water, food coloring, glitter)

9.Salt painting

(paper, permanent marker, salt, food coloring

10. Free the frozen animals

(water, toy animals)

11. Bubble prints

(water, soap, food coloring, straw, paper)

12.Rain cloud experiment

(water, shaving cream, liquid watercolors)

13.Clean the baby dolls

(baby dolls, water, soap, towel)

14. Make sensory bottles

(water bottle, water, glue, food coloring, glitter)

15.Make ice paint

(water, ice cube tray, popsicle sticks)

16. Ice painting

(ice paint)

17. Target practice with spray bottles

(Paper, tape, spray bottles, water, paint).

18. Citrus sensory bin

(old orange/lemon, water, food coloring)

19. Toy wash

(plastic toys, water, soap, sponge, towel)

20. Dance party with flash lights

(music, flash lights, dance moves)

21.Create an obsticle course

(Items from around the house)

22. Color bath

(liquid water colors or food coloring, water)

23. Paint the bath/shower walls

(washable paint, paint brushes)

24.Decorate a cardboard box

(cardboard box, anything you want to decorate with)

25.Black water scavenger hunt

(water, black food coloring, things to find)

26.Play foam sensory bin

(soap, water, food coloring, blender)

27. Giant coloring page

(roll of paper, black crayon, water color paint)

28.Pom pom soup

(pom poms, water)

29.Dot the rainbow

(paper, markers, dot markers or stickers)

30. Make & play with cloud dough

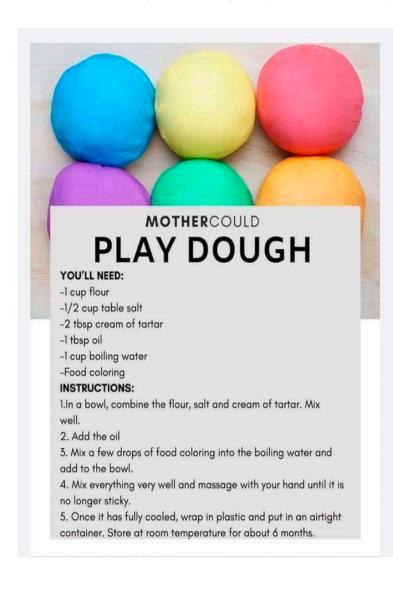
(Flour, oil, food coloring)

GROWTH ACHIEVEMENT PASSION

Resources provided by Mother Could and summarised by Madelaine White - Cloverdale ESC Early Years Co-Ordinator

For a full range of recipes please visit: https://www.mothercould.com/







GROWTH ACHIEVEMENT PASSION

Resources provided by Mother Could and summarised by Madelaine White - Cloverdale ESC Early Years Co-Ordinator

Additional Online Platforms:

GoNoodle https://www.youtube.com/user/GoNoodleGames

Cosmic Yoga https://www.youtube.com/user/CosmicKidsYoga

ABCYA https://www.abcya.com/

Jack Hartmann Videos https://www.youtube.com/user/JackHartmann

The Learning Station https://www.youtube.com/user/TheLearningStation

The Measured Mom - https://www.themeasuredmom.com

Education Department Learning at Home https://www.education.wa.edu.au/learning-at-home/kindergarten



Activity Logbook

Date	Activity	Level of Engagement	Parent/Carer Signature	Parent/Carer Comment

Updated: February 3rd 2022 Play Based Activities and Student Skills Logbook

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Teacher signature	Teacher comment

